

Making Connections That Matter



Telemental Health
Trauma Treatment
Network

Montana



The Need

Children who experience sexual and other types of abuse benefit from trauma-informed and evidence-based therapy.

The Challenge

Children living in rural and remote areas of the state often do not have access to trained and experienced therapists.

The Solution

Connect children being served by CACs in rural or remote areas with trained therapists through a network of professionals who can provide trauma-focused, evidence-based telemental health (TMH) services.



Our Commitment

Participants in this network will have access to the training and consultation needed to provide trauma-informed, evidence-based therapy using a TMH approach. In spring 2021, therapists already trained in TF-CBT who register to join the Network will receive FREE specialized training on effective TF-CBT delivery using a telemental health format.

Join Us

Children's Alliance of Montana is partnering with Western Regional Children's Advocacy Center to develop and support this network. To find out more, call 406-672-2136 or send an email to director@childrensalliancemt.org



Who are we seeking to join the Network?

We are seeking therapists licensed in the state of Montana who:

- Understand the unique impact of intense traumatic stress on children;
- Have devoted or wish to devote a significant portion of their practice to becoming very effective in treating traumatized children and working with their families;
- Have specialized training in one or more evidence-based or evidence-informed trauma treatment models or who wish to develop this expertise and are willing to participate in such training/consultation;
- Have met or are willing to meet state requirements for delivery of telemental health;
- Ideally have some experience in delivery of treatment via telemental health.



How will you benefit from participating in the Network?

- Ability to **expand your caseload** through typical reimbursement strategies and do so in the hours most convenient for you;
- Opportunity to **gain additional proficiency** in providing trauma-informed, evidence-based therapy using a telemental health format;
- **Access to no cost specialized training** in delivery of TF-CBT via telemental health;
- **Access to age-appropriate supplies for children** that are specifically selected to enhance delivery of TF-CBT via telemental health;
- **Technical assistance from leading national experts** in the implementation of a trauma-focused telemental health program;
- Opportunity to **engage with other trauma specialists** across the state and build mutually supportive relationships;
- **Client matching** through the network of rural Children's Advocacy Centers (CACs) in Montana;
- **On the ground local CAC support** of children and families, as well as, **professional connections** to help you understand local culture and events that impact the therapeutic process;
- **Opportunity to actively participate** in the development and growth of the rural support network.

What commitments must a therapist make to be part of the Network?

Training

Network members who have already completed instructor-led TF-CBT training and consultation will be offered free specialized training in telemental health delivery of TF-CBT.

Caseload

After a startup period, participating therapists are asked to commit to serving at least 10 children per year who live in rural areas and are referred by a Children's Advocacy Center.

Reimbursement

Therapists will bill as they do for other local clients. CAM will explore additional funding streams with an eye toward securing enhanced reimbursements for this service.

Peer Networking & Support

Network members will be able to participate in at least 6 peer learning/mentoring sessions each year for information sharing, discussion, and support.

Network-sponsored training will be provided by clinicians who have conducted extensive research in delivering evidence-based practices, and who pioneered telemental health delivery of Trauma-Focused Cognitive Behavior Therapy (TF-CBT) well ahead of the current COVID crisis.

Development of the Network is supported by:



Western Regional
CHILDREN'S ADVOCACY CENTER

Western Regional Children's Advocacy Center (WRCAC)

provides training and technical assistance (TTA) to reduce the prevalence and adverse impact of child maltreatment by ensuring all children have access to a high-quality, multi-disciplinary response to abuse that is coordinated, evidence-based and trauma-informed. To learn more about WRCAC's efforts, please contact dsawyeri@rchsd.org.

WRCAC is a program of the Chadwick Center for Children and Families at Rady Children's Hospital in San Diego.



Children's Alliance of Montana (CAM) is a 501c3 nonprofit organization and the accredited state chapter of the National Children's Alliance. As a membership organization, CAM supports the development, growth, and sustainability of CACs and their MDT partners through training, technical assistance, networking & peer support, research, funding, and advocacy. There are currently 10 accredited, 2 satellite and 9 developing CACs and 5 forensic interview facilities in Montana.

CAM is an accredited member of the National Children's Alliance.

Help child victims heal from the trauma of abuse.



To learn more about Montana's Telemental Health Trauma Treatment Network, please contact:

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